

# Introduction

- Links between internalizing behaviors and brain structure have been documented in clinical populations of all ages (e.g., Busso et al., 2017; Li, Xu, & Lu, 2018; Lu et al., 2018; Ma et al., 2012; Tu et al., 2012)
  - History of child abuse has been associated with reduced cortical thickness in the middle temporal gyrus in school-age children (Busso et al., 2017).
    - The medial temporal lobe may contribute to the pathophysiology of internalizing psychopathology via its role in emotion processing or regulation (Busso et al., 2017).
  - History of maltreatment has been associated with reduced volume in amygdala and hippocampus 9-15 year old children (Hanson et al., 2015).
- However, whether these same associations are present in typically developing children is lacking.
- **Purpose:** Examine relations between the middle temporal gyrus, hippocampus, and amygdala with subclinical levels of internalizing behaviors in children ages 4-8 years.

# Methods

#### **Participants**

- 200 children, 4-8 years ( $M_{age}$ = 6.21 years, SD=0.107) participated as part of a larger longitudinal study examining the development of memory.
- 156 children provided useable questionnaire and neuroimaging data for the present analyses.

#### **Child-Behavior Checklist (CBCL) Ages 1.5-5 and 6-18 years**

- Participant parents filled out the age appropriate version of the internalizing and externalizing symptom scale.
- Scores were averaged out of total possible points to create a normalized score across the two different questionnaires.

#### **Structural MRI Data**

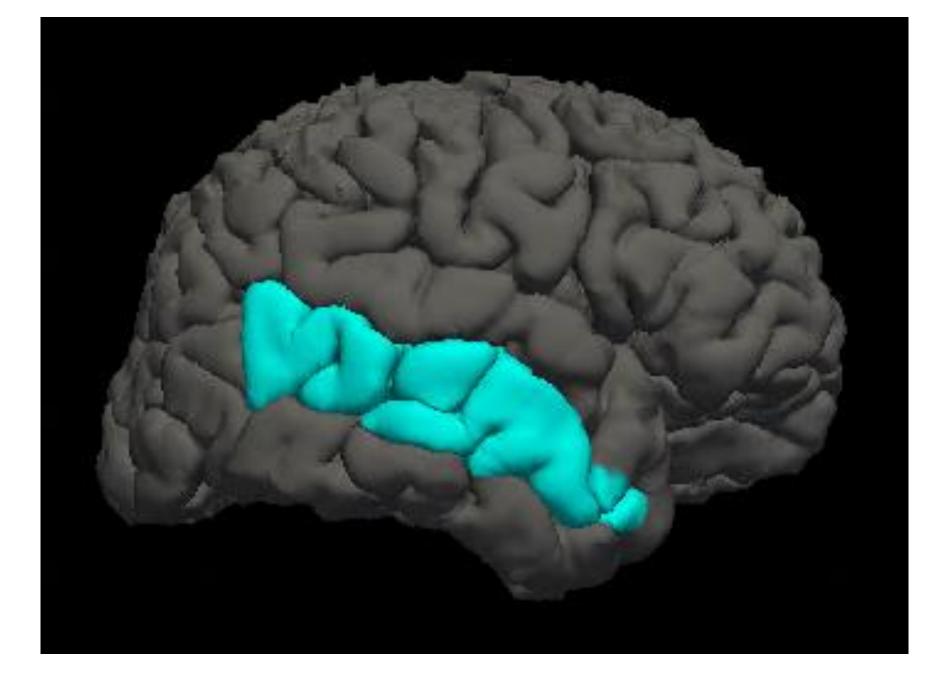
- A T1-weighted structural MRI scan (.9 mm<sup>3</sup>) was obtained using a Siemens 3T scanner with a 32-channel coil.
- Hippocampal volumes were extracted via Freesurfer v5.1 and adjusted using Automated Segmentation Adapter Tool (Fischl, 2012; Wang et al., 2011). Volumes were adjusted for intracranial volume (ICV).
- Cortical thickness was calculated by measuring the distance from the gray and white matter boundary to the pial boundary (Fischl & Dale, 2000). The Desikan-Killiany Atlas was used for cortical parcellation (Desikan et al., 2006).
- ICV was used as a covariate.

# **Relations between Brain Structure and Internalizing Symptoms in Typically Developing Young Children**

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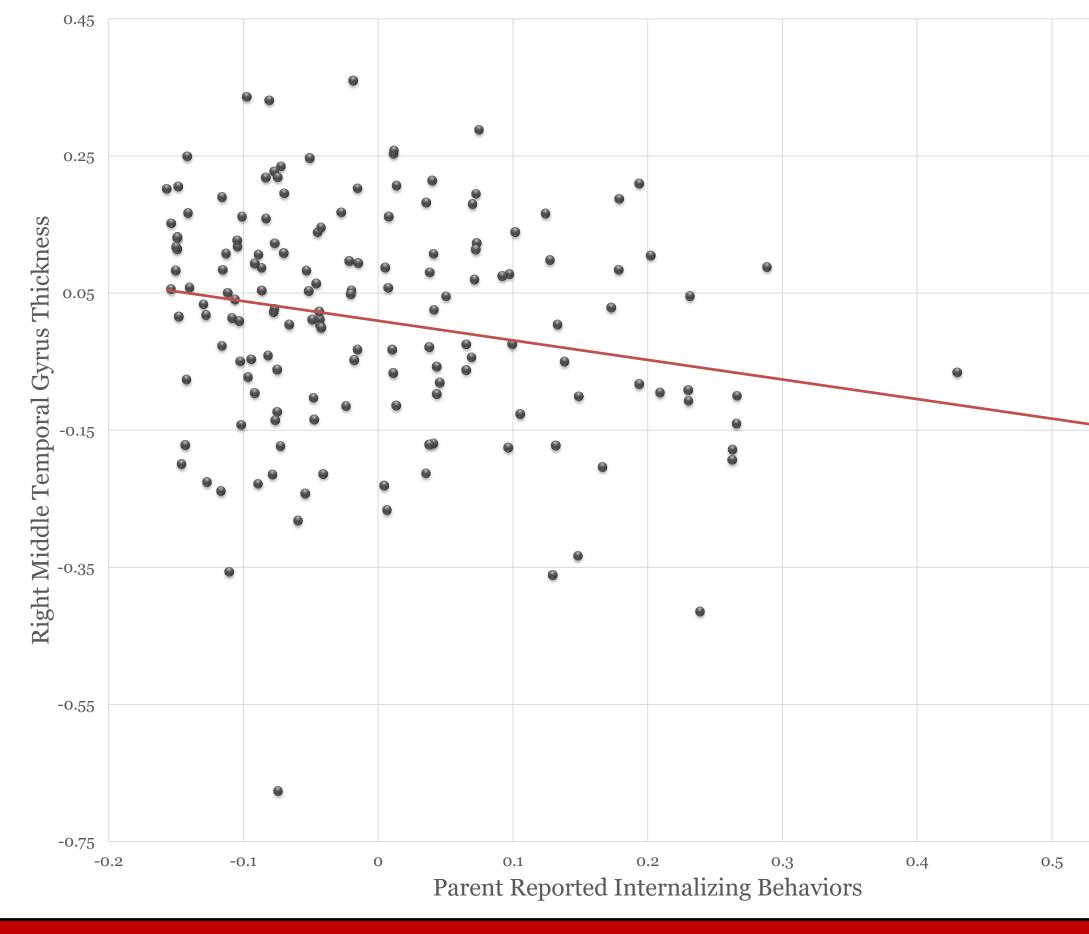
### **Middle Temporal Region**

Figure 1. Lateral view of the middle temporal region.



#### **Results: Right Middle Temporal Gyrus**

Figure 2. Higher internalizing behavior scores were related to decreased cortical thickness of the right middle temporal gyrus when controlling for age and ICV, r(150) = -.218, p = .007.



# **Results: Hippocampus and Amygdala**

There were no associations with the hippocampus and/or amygdala, *ps* > .136.



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#### Discussion

- Results suggest relations between internalizing behaviors and the right middle temporal gyrus may exist even at sub-clinical levels.
- This study is one of the first to examine relations between brain regions and internalizing symptoms in a typically developing population.
- Lack of associations between the hippocampus, amygdala, and internalizing behaviors may suggest that the relation between these factors may only exist in clinical populations.
- Future work will explore additional brain regions and will seek to replicate these findings in additional typically-developing samples.

# **Take-Home Message**

**Results suggest that internalizing behaviors are** related to decreased cortical thickness in the right middle temporal gyrus in a typically developing sample of young children.

#### References

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# Acknowledgements

Thank you to the families that participated in this research study and to members of the Neurocognitive Development Lab for assistance with data collection. Support for this research was provided by NICHD under Grant HD079518 (TR).

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